

MAXIMALISM FOR MINIMALISTS



Add movement with fringe or tassel accents. Even a fringed scarf or textured knit updates your look instantly.



UPTOWN PUNK

Ground your look with one investment piece in leather—like a skirt or jacket you'll wear on repeat.



MODERN PREP



Classics with a twist.

Start with a sharp blazer or a relaxed varsity jacket styled over denim.

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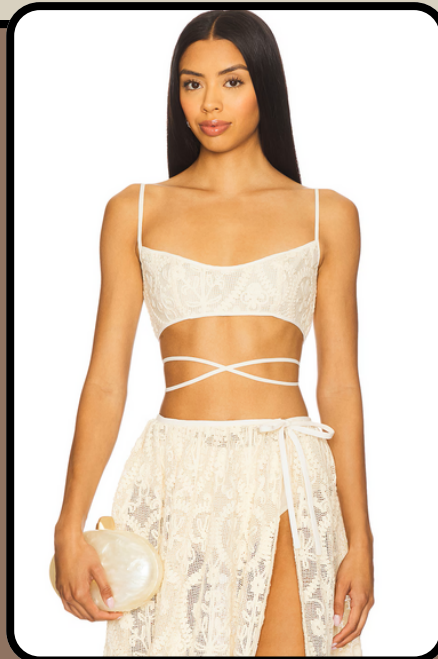
Layer a lace-trim slip with leather or cashmere. It's soft meets strong.



NOMADIC SPIRIT



Flowing layers
and jewelry that
tells a story.



Try a billowy
embroidered blouse
or maxi skirt paired
with flat boots.



MEN'S FALL TRENDS

Embrace the fall vibes with clean and simple pieces that give you shape.



My Wellness Go-To

I have to let you in on one of my best-kept wellness secrets:
Magnesium Breakthrough by BIOptimizers.

I've been taking it during my busiest seasons (you know, when everything feels a little overwhelming), and it has made such a difference.

It's not just any magnesium—this one has 7 different types, which means it supports everything from better sleep to helping me stay calm and keeping my muscles feeling relaxed, especially after long styling days.

Most people are low in magnesium without even realizing it, and honestly, once I started taking this, I could really feel the shift. If you're juggling a lot right now too, I highly recommend giving it a try.

You'll thank me later. ❤️

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